

# Lakeshore Garden Centres

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## Cubano Cristo False Heather



### Cubano™ Cristo False Heather *Cuphea hyssopifolia* 'Cristo'

Height: 18 inches

Spread: 24 inches

Sunlight: ☉ ●

Hardiness Zone: (annual)

Other Names: Mexican Heather

Group/Class: Cubano Series

#### Description:

Small, freely branching shrub or subshrub with dainty red tubular flowers that open to a star shape; flowers year round in warmer climates; great for bedding, shrub borders, and containers

#### Ornamental Features

Cubano Cristo False Heather features dainty red tubular flowers along the branches from late spring to early fall. Its attractive glossy pointy leaves emerge light green in spring, turning dark green in colour the rest of the year.

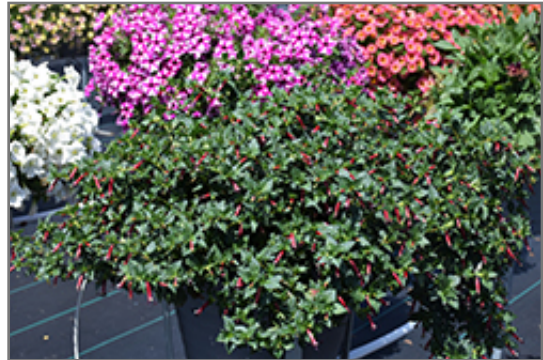
#### Landscape Attributes

Cubano Cristo False Heather is a multi-stemmed annual with an upright spreading habit of growth. Its medium texture blends into the garden, but can always be balanced by a couple of finer or coarser plants for an effective composition.

This is a relatively low maintenance plant, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting bees and butterflies to your yard. It has no significant negative characteristics.

Cubano Cristo False Heather is recommended for the following landscape applications;

- Mass Planting
- General Garden Use
- Groundcover
- Container Planting



*Cubano Cristo False Heather in bloom*  
Photo courtesy of NetPS Plant Finder



*Cubano Cristo False Heather flowers*  
Photo courtesy of NetPS Plant Finder

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### Planting & Growing

Cubano Cristo False Heather will grow to be about 18 inches tall at maturity, with a spread of 24 inches. Its foliage tends to remain dense right to the ground, not requiring facer plants in front. Although it's not a true annual, this fast-growing plant can be expected to behave as an annual in our climate if left outdoors over the winter, usually needing replacement the following year. As such, gardeners should take into consideration that it will perform differently than it would in its native habitat.

This plant does best in full sun to partial shade. It does best in average to evenly moist conditions, but will not tolerate standing water. To help this plant achieve its best flowering performance, periodically apply a flower-boosting fertilizer from early spring through into the active growing season. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. Consider applying a thick mulch around the root zone in winter to protect it in exposed locations or colder microclimates. This is a selected variety of a species not originally from North America.

Cubano Cristo False Heather is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a mass of flowers and foliage against which the larger thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.