

# Lakeshore Garden Centres

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## Royal Sunflower



### Royal Sunflower

*Helianthus annuus 'Royal'*

Height: 7 feet

Spread: 14 inches

Spacing: 12 inches

Sunlight: ☉

Hardiness Zone: (annual)

#### Description:

High yielding and early blooming, this variety is a must have for sunny gardens and containers; 8" wide flower heads of beautiful golden yellow stand atop sturdy stalks; delicious gray-striped edible seeds are amazing when roasted and salted

#### Ornamental Features

Royal Sunflower has masses of beautiful double yellow daisy flowers with harvest gold eyes at the ends of the stems from mid summer to mid fall, which are most effective when planted in groupings. The flowers are excellent for cutting. Its pointy leaves remain dark green in colour throughout the season.

#### Landscape Attributes

Royal Sunflower is an herbaceous annual with an upright spreading habit of growth. Its medium texture blends into the garden, but can always be balanced by a couple of finer or coarser plants for an effective composition.

This is a relatively low maintenance plant. Trim off the flower heads after they fade and die to encourage more blooms late into the season. It has no significant negative characteristics.

Royal Sunflower is recommended for the following landscape applications;

- Accent
- Mass Planting
- General Garden Use
- Container Planting



*Royal Sunflower flowers*  
Photo courtesy of NetPS Plant Finder

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### Planting & Growing

Royal Sunflower will grow to be about 7 feet tall at maturity, with a spread of 14 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 12 inches apart. This fast-growing annual will normally live for one full growing season, needing replacement the following year.

This plant should only be grown in full sunlight. It does best in average to evenly moist conditions, but will not tolerate standing water. This plant is a heavy feeder that requires frequent fertilizing throughout the growing season to perform at its best. It is not particular as to soil type or pH. It is highly tolerant of urban pollution and will even thrive in inner city environments. This is a selection of a native North American species.

Royal Sunflower is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. With its upright habit of growth, it is best suited for use as a 'thriller' in the 'spiller-thriller-filler' container combination; plant it near the center of the pot, surrounded by smaller plants and those that spill over the edges. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.