HERITAGE
FARM & GARDEN

Little Trudy Catmint

Nepeta 'Psfike'



Little Trudy Catmint flowers
Photo courtesy of NetPS Plant Finder

Plant Height: 6 inches

Flower Height: 10 inches

Spread: 14 inches

Sunlight: ○ ◐

Hardiness Zone: 4a

Description:

A very showy catmint with large blooms of bright lavender from early to late summer that really catches the eye when massed; will bloom in waves all summer

Ornamental Features

Little Trudy Catmint has masses of beautiful spikes of lightly-scented lavender flowers rising above the foliage from early to late summer, which are most effective when planted in groupings. Its small fragrant pointy leaves remain grayish green in color throughout the season.



Little Trudy Catmint in bloom
Photo courtesy of NetPS Plant Finder

Landscape Attributes

Little Trudy Catmint is a dense herbaceous perennial with a mounded form. Its relatively fine texture sets it apart from other garden plants with less refined foliage.

This plant will require occasional maintenance and upkeep, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting bees and butterflies to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. Gardeners should be aware of the following characteristic(s) that may warrant special consideration;

- Self-Seeding

Little Trudy Catmint is recommended for the following landscape applications;

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- Mass Planting
- Border Edging
- General Garden Use
- Container Planting

Planting & Growing

Little Trudy Catmint will grow to be only 6 inches tall at maturity extending to 10 inches tall with the flowers, with a spread of 14 inches. Its foliage tends to remain low and dense right to the ground. It grows at a fast rate, and under ideal conditions can be expected to live for approximately 10 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in full sun to partial shade. It is very adaptable to both dry and moist locations, and should do just fine under typical garden conditions. It is not particular as to soil type or pH. It is highly tolerant of urban pollution and will even thrive in inner city environments. This particular variety is an interspecific hybrid. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Little Trudy Catmint is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a mass of flowers against which the thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.