# Peter Knippel Garden Centre

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## Late Flat Dutch Cabbage

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***Brassica oleracea var. capitata 'Late Flat Dutch'***



*Late Flat Dutch Cabbage fruit*
*Photo courtesy of NetPS Plant Finder*

Height: 18 inches

Spread: 18 inches

Spacing: 18 inches

Sunlight:

Hardiness Zone: (annual)

Group/Class: Heirloom

**Description:**

A beautiful variety with large flat heads; cabbages grow up to 15lbs each; cool weather crop that produces sweet and tender leaves, perfect for coleslaw, salads, sauerkraut and cooking; short core with less dense interior, making it easy to hand and slice

**Edible Qualities**

Late Flat Dutch Cabbage is an annual vegetable plant that is commonly grown for its edible qualities. The large round green tightly-wrapped heads of foliage are typically harvested when mature. The heads have a sweet taste and a crisp texture.

The heads are most often used in the following ways:

- Fresh Eating
- Eating When Cooked/Prepared
- Cooking
- Baking
- Pickling

**Planting & Growing**

Late Flat Dutch Cabbage will grow to be about 18 inches tall at maturity, with a spread of 18 inches. When planted in rows, individual plants should be spaced approximately 18 inches apart. This vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop.

This plant is typically grown in a designated vegetable garden. It should only be grown in full sunlight. It does best in average to evenly moist conditions, but will not tolerate standing water. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. Consider applying a thick mulch around the root zone over the growing season to conserve soil moisture. This is a selected variety of a species not originally from North America, and it is considered by many to be an heirloom variety.