



Frizzle Sizzle Albuca
Albuca spiralis 'Frizzle Sizzle'

Plant Height: 8 inches

Flower Height: 12 inches

Spread: 12 inches

Spacing: 8 inches

Sunlight: ☐ ☒

Hardiness Zone: 8b

Other Names: Helicopter Plant, Corkscrew Albuca

Description:

Clusters of nodding, yellow-green flowers rise above narrow, spiraling green succulent leaves; impressive when massed in the garden or along borders; goes dormant in the hot summer months; glandular hairs on leaves give the plant an almost sticky feel

Ornamental Features

Frizzle Sizzle Albuca features dainty nodding buttery yellow orchid-like flowers rising above the foliage in mid spring. Its attractive succulent grassy leaves remain green in color throughout the season.

Landscape Attributes

Frizzle Sizzle Albuca is an herbaceous perennial with an upright spreading habit of growth. Its relatively fine texture sets it apart from other garden plants with less refined foliage.

This plant will require occasional maintenance and upkeep, and should not require much pruning, except when necessary, such as to remove dieback. It is a good choice for attracting bees and butterflies to your yard. It has no significant negative characteristics.

Frizzle Sizzle Albuca is recommended for the following landscape applications;

- Mass Planting
- General Garden Use
- Naturalizing And Woodland Gardens
- Container Planting



Frizzle Sizzle Albuca foliage
 Photo courtesy of NetPS Plant Finder

Planting & Growing

Frizzle Sizzle Albuca will grow to be about 8 inches tall at maturity extending to 12 inches tall with the flowers, with a spread of 12 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 8 inches apart. Its foliage tends to remain low and dense right to the ground. It grows at a fast rate, and under ideal conditions can be expected to live for approximately 10 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen! As this plant tends to go dormant in summer, it is best interplanted with late-season bloomers to hide the dying foliage.

This plant does best in full sun to partial shade. It is very adaptable to both dry and moist growing conditions, but will not tolerate any standing water. It is considered to be drought-tolerant, and thus makes an ideal choice for a low-water garden or xeriscape application. This plant should not require much in the way of fertilizing once established, although it may appreciate a shot of general-purpose fertilizer from time to time early in the growing season. It is not particular as to soil pH, but grows best in sandy soils. It is somewhat tolerant of urban pollution. This is a selected variety of a species not originally from North America. It can be propagated by multiplication of the underground bulbs; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Frizzle Sizzle Albuca is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a mass of flowers and foliage against which the larger thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.