



Forest Frost Prairie Phlox

Phlox pilosa 'Forest Frost'

Height: 12 inches

Spread: 24 inches

Spacing: 20 inches

Sunlight: ☐ ☒

Hardiness Zone: 4a

Other Names: Downy Phlox, Hairy Phlox

Description:

Pretty spring to summer blooms of fragrant white flowers over needle-like green foliage; naturally compact plants suitable for containers or small perennial borders; good mildew resistance

Ornamental Features

Forest Frost Prairie Phlox features bold panicles of fragrant white star-shaped flowers at the ends of the stems from mid spring to early summer. The flowers are excellent for cutting. Its narrow leaves remain emerald green in color throughout the season.

Landscape Attributes

Forest Frost Prairie Phlox is a dense herbaceous perennial with an upright spreading habit of growth. Its medium texture blends into the garden, but can always be balanced by a couple of finer or coarser plants for an effective composition.

This plant will require occasional maintenance and upkeep, and should be cut back in late fall in preparation for winter. It is a good choice for attracting butterflies and hummingbirds to your yard. Gardeners should be aware of the following characteristic(s) that may warrant special consideration;

- Insects
- Disease

Forest Frost Prairie Phlox is recommended for the following landscape applications;

- Mass Planting
- Rock/Alpine Gardens
- Border Edging
- General Garden Use
- Container Planting



Forest Frost Prairie Phlox flowers
Photo courtesy of NetPS Plant Finder

Planting & Growing

Forest Frost Prairie Phlox will grow to be about 10 inches tall at maturity, with a spread of 24 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 20 inches apart. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 10 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in full sun to partial shade. It does best in average to evenly moist conditions, but will not tolerate standing water. It is not particular as to soil type or pH. It is highly tolerant of urban pollution and will even thrive in inner city environments. This is a selection of a native North American species. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Forest Frost Prairie Phlox is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a mass of flowers against which the larger thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.