Peppermint Twist Garden Phlox

Phlox paniculata 'Peppermint Twist'



Peppermint Twist Garden Phlox flowers
Photo courtesy of NetPS Plant Finder

Height: 18 inches

Spread: 16 inches

Spacing: 12 inches

Sunlight: ○ ◐

Hardiness Zone: 3

Other Names: Summer Phlox

Ornamental Features

Peppermint Twist Garden Phlox features showy fragrant conical pink star-shaped flowers with white stripes at the ends of the stems from early summer to early fall. The flowers are excellent for cutting. Its narrow leaves remain green in color throughout the season.

Landscape Attributes

Peppermint Twist Garden Phlox is a dense herbaceous perennial with an upright spreading habit of growth. Its medium texture blends into the garden, but can always be balanced by a couple of finer or coarser plants for an effective composition.

This plant will require occasional maintenance and upkeep, and should be cut back in late fall in preparation for winter. It is a good choice for attracting butterflies and hummingbirds to your yard. Gardeners should be aware of the following characteristic(s) that may warrant special consideration;

- Disease

Peppermint Twist Garden Phlox is recommended for the following landscape applications;

- Mass Planting
- Border Edging
- General Garden Use
- Container Planting

Planting & Growing

Peppermint Twist Garden Phlox will grow to be about 14 inches tall at maturity, with a spread of 16 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 12 inches apart. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 10 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in full sun to partial shade. It does best in average to evenly moist conditions, but will not tolerate standing water. It may require supplemental watering during periods of drought or extended heat. It is not particular as to soil type or pH. It is highly tolerant of urban pollution and will even thrive in inner city environments. This is a selection of a native North American species. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Peppermint Twist Garden Phlox is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a mass of flowers against which the larger thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.