Apex™ Blue Meadow Sage

Salvia nemorosa 'Apex Blue'



Apex Blue Meadow Sage flowers
Photo courtesy of NetPS Plant Finder

Plant Height: 6 inches

Flower Height: 12 inches

Spread: 14 inches

Spacing: 12 inches

Sunlight: ○

Hardiness Zone: 4

Other Names: Perennial Salvia

Group/Class: Apex Series

Description:

A compact, bushy variety producing abundant spikes of long lasting blue flowers that begin early, and rebloom all summer, for extended garden color; dense, fragrant foliage; somewhat drought tolerant; excellent for sunny borders or containers



Apex Blue Meadow Sage in bloom
Photo courtesy of NetPS Plant Finder

Ornamental Features

Apex Blue Meadow Sage has masses of beautiful spikes of blue flowers with violet overtones and burgundy calyces rising above the foliage from mid spring to mid fall, which are most effective when planted in groupings. The flowers are excellent for cutting. Its small fragrant narrow leaves remain grayish green in color throughout the season.

Landscape Attributes

Apex Blue Meadow Sage is an herbaceous perennial with an upright spreading habit of growth. Its relatively fine texture sets it apart from other garden plants with less refined foliage.

This is a relatively low maintenance plant, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting butterflies and hummingbirds to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. It has no significant negative characteristics.

Apex Blue Meadow Sage is recommended for the following landscape applications;

- Mass Planting
- Border Edging
- General Garden Use
- Container Planting

Planting & Growing

Apex Blue Meadow Sage will grow to be only 6 inches tall at maturity extending to 12 inches tall with the flowers, with a spread of 14 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 12 inches apart. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 5 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant should only be grown in full sunlight. It is very adaptable to both dry and moist locations, and should do just fine under typical garden conditions. It may require supplemental watering during periods of drought or extended heat. This plant does not require much in the way of fertilizing once established. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. This is a selected variety of a species not originally from North America. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Apex Blue Meadow Sage is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a mass of flowers against which the larger thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.