Yu Long Yard Long Bean

Vigna unguiculata ssp. sesquipedalis 'Yu Long'



Yu Long Yard Long Bean fruit
Photo courtesy of NetPS Plant Finder

Height: 5 feet

Spread: 12 inches

Spacing: 6 inches

Sunlight:

Hardiness Zone: (annual)

Other Names: Asparagus Bean, Snake Bean, Chinese Long Bean

Description:

A beautiful heirloom variety that produces green foliage and 30 inch long bean pods; heat and humidity tolerant, best to stagger plantings to ensure harvests all season long; stringless with a nutty flavor, perfect for stir fries, canning and freezing

Edible Qualities

Yu Long Yard Long Bean is an annual vegetable plant that is typically grown for its edible qualities. It produces large green long pods which are harvested from early summer to mid fall. The pods have a pleasant taste and a crisp texture.

The pods are most often used in the following ways:

- Fresh Eating
- Eating When Cooked/Prepared
- Cooking
- Canning
- Freezing

Planting & Growing

Yu Long Yard Long Bean will grow to be about 5 feet tall at maturity, with a spread of 12 inches. When planted in rows, individual plants should be spaced approximately 6 inches apart. This fast-growing vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop. Because of its relatively short time to maturity, it lends itself to a series of successive plantings each staggered by a week or two; this will prolong the effective harvest period.

This plant is typically grown in a designated vegetable garden. It should only be grown in full sunlight. It does best in average to evenly moist conditions, but will not tolerate standing water. It may require supplemental watering during periods of drought or extended heat. This plant should not require much in the way of fertilizing once established, although it may appreciate a shot of general-purpose fertilizer from time to time early in the growing season. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. This is a selected variety of a species not originally from North America, and it is considered by many to be an heirloom variety.; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Yu Long Yard Long Bean is a good choice for the vegetable garden, but it is also well-suited for use in outdoor pots and containers. Because of its spreading habit of growth, it is ideally suited for use as a 'spiller' in the 'spiller-thriller-filler' container combination; plant it near the edges where it can spill gracefully over the pot. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.