Superba Big Betony

Stachys macrantha 'Superba'



Superba Big Betony flowers
Photo courtesy of NetPS Plant Finder

Plant Height: 12 inches

Flower Height: 18 inches

Spread: 18 inches

Spacing: 15 inches

Sunlight: ◐

Hardiness Zone: 4

Description:

This selection is valued for its spectacular and long lasting floral display; tall spikes covered with vivid violet-pink tubular blooms; great as a garden accent, groundcover, or in the front of borders; needs some shade in southern climates

Ornamental Features

Superba Big Betony has masses of beautiful spikes of violet tubular flowers with pink overtones rising above the foliage from late spring to mid summer, which are most effective when planted in groupings. Its serrated heart-shaped leaves remain dark green in color throughout the season.

Landscape Attributes

Superba Big Betony is a dense herbaceous perennial with tall flower stalks held atop a low mound of foliage. Its medium texture blends into the garden, but can always be balanced by a couple of finer or coarser plants for an effective composition.

This plant will require occasional maintenance and upkeep, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting bees and butterflies to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. Gardeners should be aware of the following characteristic(s) that may warrant special consideration;

- Spreading

Superba Big Betony is recommended for the following landscape applications;

- Mass Planting
- Border Edging
- General Garden Use
- Groundcover
- Naturalizing And Woodland Gardens
- Container Planting

Planting & Growing

Superba Big Betony will grow to be about 12 inches tall at maturity extending to 18 inches tall with the flowers, with a spread of 18 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 15 inches apart. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 5 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in a location that gets morning sunlight but is shaded from the hot afternoon sun, although it will also grow in partial shade. Keep it away from hot, dry locations that receive direct afternoon sun or which get reflected sunlight, such as against the south side of a white wall. It does best in average to evenly moist conditions, but will not tolerate standing water. It may require supplemental watering during periods of drought or extended heat. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. This is a selected variety of a species not originally from North America. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Superba Big Betony is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a mass of flowers against which the larger thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.