Savoy Express Cabbage

Brassica oleracea var. sabauda 'Savoy Express'



Savoy Express Cabbage fruit
Photo courtesy of NetPS Plant Finder

Height: 8 inches

Spread: 12 inches

Spacing: 18 inches

Sunlight:

Hardiness Zone: (annual)

Description:

A lovely early maturing, cool weather performer that is perfect for large patio containers or gardens; produces 12" globe shaped heads of dark green crinkled leaves; tender and crisp, perfect for stir fry, coleslaw, and cabbage rolls

Edible Qualities

Savoy Express Cabbage is an annual vegetable plant that is commonly grown for its edible qualities. The round green tightly-wrapped heads of foliage are usually harvested from early fall to early winter. The heads have a pleasant taste and a crisp texture.

The heads are most often used in the following ways:

- Fresh Eating
- Eating When Cooked/Prepared
- Cooking

Planting & Growing

Savoy Express Cabbage will grow to be about 8 inches tall at maturity, with a spread of 12 inches. When planted in rows, individual plants should be spaced approximately 18 inches apart. This vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop.

This plant is typically grown in a designated vegetable garden. It should only be grown in full sunlight. It does best in average to evenly moist conditions, but will not tolerate standing water. It may require supplemental watering during periods of drought or extended heat. This plant is a heavy feeder that requires frequent fertilizing throughout the growing season to perform at its best. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. Consider applying a thick mulch around the root zone over the growing season to conserve soil moisture. This is a selected variety of a species not originally from North America.

Savoy Express Cabbage is a good choice for the vegetable garden, but it is also well-suited for use in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing the canvas against which the thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.