Ballet™ Sky Dance Sage

Salvia pratensis 'Sky Dance'

Height: 18 inches

Spread: 20 inches

Spacing: 16 inches

Sunlight:

Hardiness Zone: 3

Other Names: Meadow Clary, Meadow Sage

Group/Class: Ballet Series



Ballet Sky Dance Sage flowers
Photo courtesy of NetPS Plant Finder



Ballet Sky Dance Sage in bloom
Photo courtesy of NetPS Plant Finder

Description:

This easy to grow variety is best in full sun but will tolerate some shade; lovely sky blue flowers dance above light green basal foliage from spring through fall; deadhead spent blooms; forms a lush mound of foliage that is perfect along borders

Ornamental Features

Ballet Sky Dance Sage has masses of beautiful spikes of sky blue flowers rising above the foliage from late spring to early fall, which are most effective when planted in groupings. The flowers are excellent for cutting. Its attractive fragrant narrow leaves emerge light green in spring, turning grayish green in color throughout the season.

Landscape Attributes

Ballet Sky Dance Sage is an herbaceous perennial with an upright spreading habit of growth. Its relatively fine texture sets it apart from other garden plants with less refined foliage.

This is a relatively low maintenance plant. Trim off the flower heads after they fade and die to encourage more blooms late into the season. It is a good choice for attracting butterflies and hummingbirds to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. It has no significant negative characteristics.

Ballet Sky Dance Sage is recommended for the following landscape applications;

- Mass Planting
- Border Edging
- General Garden Use
- Container Planting

Planting & Growing

Ballet Sky Dance Sage will grow to be about 14 inches tall at maturity, with a spread of 20 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 16 inches apart. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 5 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant should only be grown in full sunlight. It is very adaptable to both dry and moist locations, and should do just fine under typical garden conditions. It may require supplemental watering during periods of drought or extended heat. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. This is a selected variety of a species not originally from North America. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Ballet Sky Dance Sage is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a mass of flowers and foliage against which the larger thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.