White Inside-Out Flower

Vancouveria hexandra

Plant Height: 12 inches

Flower Height: 18 inches

Spread: 12 inches

Spacing: 10 inches

Sunlight: ◐ ●

Hardiness Zone: 4

Other Names: American Barrenwort

Description:

An attractive woodland perennial perfect for moist, shaded areas; drooping white flowers with swept-back petals appear from late spring to summer; makes a great shade groundcover with its bright green foliage



White Inside-Out Flower foliage
Photo courtesy of NetPS Plant Finder



White Inside-Out Flower
Photo courtesy of NetPS Plant Finder

Ornamental Features

White Inside-Out Flower features delicate nodding white flowers rising above the foliage from late spring to early summer. Its attractive lobed leaves remain light green in color throughout the season.

Landscape Attributes

White Inside-Out Flower is a dense herbaceous perennial with a ground-hugging habit of growth. Its relatively fine texture sets it apart from other garden plants with less refined foliage.

This plant will require occasional maintenance and upkeep, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting bees to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. Gardeners should be aware of the following characteristic(s) that may warrant special consideration;

- Spreading

White Inside-Out Flower is recommended for the following landscape applications;

- Rock/Alpine Gardens
- Border Edging
- General Garden Use
- Groundcover
- Naturalizing And Woodland Gardens
- Container Planting

Planting & Growing

White Inside-Out Flower will grow to be about 12 inches tall at maturity extending to 18 inches tall with the flowers, with a spread of 12 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 10 inches apart. Its foliage tends to remain dense right to the ground, not requiring facer plants in front. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 10 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in partial shade to full shade. Keep it well away from hot, dry locations that receive direct afternoon sun or which get reflected sunlight, such as against the south side of a white wall. It does best in average to evenly moist conditions, but will not tolerate standing water. It may require supplemental watering during periods of drought or extended heat. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. Consider applying a thick mulch around the root zone in winter to protect it in exposed locations or colder microclimates. This species is native to parts of North America. It can be propagated by division.

White Inside-Out Flower is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. Because of its spreading habit of growth, it is ideally suited for use as a 'spiller' in the 'spiller-thriller-filler' container combination; plant it near the edges where it can spill gracefully over the pot. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.