Hestia Brussels Sprout

Brassica oleracea var. gemmifera 'Hestia'

Height: 30 inches

Spread: 24 inches

Spacing: 24 inches

Sunlight:

Hardiness Zone: (annual)



Hestia Brussels Sprout fruit
Photo courtesy of NetPS Plant Finder



Hestia Brussels Sprout fruit
Photo courtesy of NetPS Plant Finder

Description:

A well loved variety that produces self supporting stems full of delicious sprouts; strong plants with a neat habit produce high yields of small, bright green sprouts with yellow interiors; sweet and crunchy, perfect for sautéing, roasting or salads

Edible Qualities

Hestia Brussels Sprout is an annual vegetable plant that is commonly grown for its edible qualities. The small round dark green tightly-wrapped heads of foliage are usually harvested from early to late fall. The heads have a sweet taste and a crunchy texture.

The heads are most often used in the following ways:

- Eating When Cooked/Prepared
- Cooking
- Baking

Planting & Growing

Hestia Brussels Sprout will grow to be about 30 inches tall at maturity, with a spread of 24 inches. When planted in rows, individual plants should be spaced approximately 24 inches apart. This fast-growing vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop.

This plant is typically grown in a designated vegetable garden. It should only be grown in full sunlight. It does best in average conditions that are neither too wet nor too dry, and is very intolerant of standing water. It may require supplemental watering during periods of drought or extended heat. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. Consider applying a thick mulch around the root zone over the growing season to conserve soil moisture. This is a selected variety of a species not originally from North America.