Brussels Sprout

Brassica oleracea var. gemmifera



Brussels Sprout fruit
Photo courtesy of NetPS Plant Finder

Height: 30 inches

Spread: 12 inches

Spacing: 18 inches

Sunlight:

Hardiness Zone: (annual)

Description:

A wonderful selection that produces self supporting stems full of delicious sprouts; high yields of small, sweet and crunchy edible buds that range from light green to purple; perfect for sautéing, baking, or try them roasted along with bacon

Edible Qualities

Brussels Sprout is an annual vegetable plant that is commonly grown for its edible qualities. The small round dark green tightly-wrapped heads of foliage are usually harvested from early to late fall. The heads have a sweet taste and a crunchy texture.

The heads are most often used in the following ways:

- Eating When Cooked/Prepared
- Cooking
- Baking

Planting & Growing

Brussels Sprout will grow to be about 30 inches tall at maturity, with a spread of 12 inches. When planted in rows, individual plants should be spaced approximately 18 inches apart. This fast-growing vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop.

This plant is typically grown in a designated vegetable garden. It should only be grown in full sunlight. It does best in average conditions that are neither too wet nor too dry, and is very intolerant of standing water. It may require supplemental watering during periods of drought or extended heat. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. Consider applying a thick mulch around the root zone over the growing season to conserve soil moisture. This species is not originally from North America.