Aspabroc Broccolini

Brassica oleracea var. italica 'Aspabroc'



Aspabroc Broccolini fruit
Photo courtesy of NetPS Plant Finder

Height: 20 inches

Spread: 8 inches

Spacing: 10 inches

Sunlight:

Hardiness Zone: (annual)

Description:

Grown for its tender and delicious side shoots, this cool weather variety is perfect for containers and gardens; sweet and delicate, perfect for a simple sautéed side dish; remove central head early to encourage side shoot production

Edible Qualities

Aspabroc Broccolini is an annual vegetable plant that is typically grown for its edible qualities. It produces small green florets with dark green overtones which are harvested from late summer to late fall. The florets have a sweet taste and a crisp texture.

The florets are most often used in the following ways:

- Fresh Eating
- Eating When Cooked/Prepared
- Cooking
- Baking
- Freezing

Planting & Growing

Aspabroc Broccolini will grow to be about 20 inches tall at maturity, with a spread of 8 inches. When planted in rows, individual plants should be spaced approximately 10 inches apart. This vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop.

This plant is typically grown in a designated vegetable garden. It should only be grown in full sunlight. It does best in average to evenly moist conditions, but will not tolerate standing water. It may require supplemental watering during periods of drought or extended heat. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. This is a selected variety of a species not originally from North America.

Aspabroc Broccolini is a good choice for the vegetable garden, but it is also well-suited for use in outdoor pots and containers. With its upright habit of growth, it is best suited for use as a 'thriller' in the 'spiller-thriller-filler' container combination; plant it near the center of the pot, surrounded by smaller plants and those that spill over the edges. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.