Arctic Supreme Peach

Prunus persica 'Arctic Supreme'



Arctic Supreme Peach fruit
Photo courtesy of NetPS Plant Finder

Height: 15 feet

Spread: 15 feet

Sunlight:

Hardiness Zone: 5

Other Names: Common Peach

Description:

A stunning fruit tree, with profuse, showy, pale pink flowers in spring, followed by large peaches with white flesh and creamy skins, blushed with red; nearly freestone when ripe; susceptible to late spring freezes and disease

Edible Qualities

Arctic Supreme Peach is a small tree that is commonly grown for its edible qualities. It produces buttery yellow round fruit (technically 'drupes') with a scarlet blush and white flesh which are usually ready for picking in mid summer. Note that the fruits have hard inedible pits inside which must be removed before eating or processing. The fruits have a sweet taste and a juicy texture.

The fruit are most often used in the following ways:

- Fresh Eating
- Cooking
- Baking
- Preserves
- Canning

Features & Attributes

Arctic Supreme Peach is smothered in stunning clusters of fragrant shell pink flowers along the branches in early spring, which emerge from distinctive rose flower buds before the leaves. It has green deciduous foliage. The narrow leaves turn yellow in fall. The fruits are showy buttery yellow drupes with a scarlet blush, which are carried in abundance in mid summer. The fruit can be messy if allowed to drop on the lawn or walkways, and may require occasional clean-up.

This is a deciduous tree with a more or less rounded form. Its average texture blends into the landscape, but can be balanced by one or two finer or coarser trees or shrubs for an effective composition. This plant will require occasional maintenance and upkeep, and is best pruned in late winter once the threat of extreme cold has passed. Gardeners should be aware of the following characteristic(s) that may warrant special consideration;

- Messy
- Insects
- Disease

Aside from its primary use as an edible, Arctic Supreme Peach is sutiable for the following landscape applications;

- Accent
- General Garden Use
- Orchard/Edible Landscaping

Planting & Growing

Arctic Supreme Peach will grow to be about 15 feet tall at maturity, with a spread of 15 feet. It has a low canopy with a typical clearance of 2 feet from the ground, and is suitable for planting under power lines. It grows at a medium rate, and under ideal conditions can be expected to live for 40 years or more. This is a self-pollinating variety, so it doesn't require a second plant nearby to set fruit.

This tree is typically grown in a designated area of the yard because of its mature size and spread. It should only be grown in full sunlight. It does best in average to evenly moist conditions, but will not tolerate standing water. It may require supplemental watering during periods of drought or extended heat. It is not particular as to soil type or pH. It is highly tolerant of urban pollution and will even thrive in inner city environments, and will benefit from being planted in a relatively sheltered location. This is a selected variety of a species not originally from North America.