# Prizm Kale

***Brassica oleracea var. sabellica 'Prizm'***



*Prizm Kale*
*Photo courtesy of NetPS Plant Finder*

Height: 15 inches

Spread: 12 inches

Spacing: 8 inches

Sunlight: ○ ◐

Hardiness Zone: (annual)

**Description:**

A stunning compact selection with its bright green, tightly ruffled edible leaves; regrows leaves quick; cool weather performer; perfect for containers and gardens; tender leaves have a distinct nutty flavor; great for salads, soups and stews

## Edible Qualities

Prizm Kale is an annual vegetable plant that is typically grown for its edible qualities. The crinkled oval green leaves can be harvested at any time in the season. The leaves have a distinctive taste.

The leaves are most often used in the following ways:

- Fresh Eating
- Eating When Cooked/Prepared
- Cooking

## Planting & Growing

Prizm Kale will grow to be about 15 inches tall at maturity, with a spread of 12 inches. When planted in rows, individual plants should be spaced approximately 8 inches apart. This fast-growing vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop.

This plant is typically grown in a designated vegetable garden. It does best in full sun to partial shade. It does best in average to evenly moist conditions, but will not tolerate standing water. It may require supplemental watering during periods of drought or extended heat. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. Consider applying a thick mulch around the root zone over the growing season to conserve soil moisture. This is a selected variety of a species not originally from North America.

Prizm Kale is a good choice for the vegetable garden, but it is also well-suited for use in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing the canvas against which the thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.