Brunswick Cabbage

Brassica oleracea var. capitata 'Brunswick'



Brunswick Cabbage
Photo courtesy of NetPS Plant Finder

Height: 24 inches

Spread: 18 inches

Spacing: 12 inches

Sunlight:

Hardiness Zone: (annual)

Description:

This variety produces beautiful large green heads of cabbage that weigh up to 9 lbs; ideal for sun loving gardens; sow in the spring to harvest in fall; a perfectly pleasant flavor which is great for coleslaw, sauerkraut, soups and stews

Edible Qualities

Brunswick Cabbage is an annual vegetable plant that is commonly grown for its edible qualities. The large round green tightly-wrapped heads of foliage are usually harvested from mid to late fall. The heads have a pleasant taste.

The heads are most often used in the following ways:

- Fresh Eating
- Eating When Cooked/Prepared
- Cooking

Planting & Growing

Brunswick Cabbage will grow to be about 24 inches tall at maturity, with a spread of 18 inches. When planted in rows, individual plants should be spaced approximately 12 inches apart. This vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop.

This plant is typically grown in a designated vegetable garden. It should only be grown in full sunlight. It does best in average to evenly moist conditions, but will not tolerate standing water. It may require supplemental watering during periods of drought or extended heat. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. Consider applying a thick mulch around the root zone over the growing season to conserve soil moisture. This is a selected variety of a species not originally from North America, and it is considered by many to be an heirloom variety.

Brunswick Cabbage is a good choice for the vegetable garden, but it is also well-suited for use in outdoor pots and containers. It can be used either as 'filler' or as a 'thriller' in the 'spiller-thriller-filler' container combination, depending on the height and form of the other plants used in the container planting. It is even sizeable enough that it can be grown alone in a suitable container. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.