Blue Frost Salvia

Salvia farinacea 'Blue Frost'



Blue Frost Salvia flowers
Photo courtesy of NetPS Plant Finder

Plant Height: 12 inches

Flower Height: 24 inches

Spread: 12 inches

Spacing: 10 inches

Sunlight:

Hardiness Zone: 7

Other Names: Mealycup Sage

Description:

Brilliant true blue flowers are borne above the attractive, dense foliage from spring until first frost; ideal for the edge of the border and container plantings

Ornamental Features

Blue Frost Salvia has masses of beautiful spikes of fragrant sky blue flowers rising above the foliage from late spring to mid fall, which emerge from distinctive royal blue flower buds, and which are most effective when planted in groupings. The flowers are excellent for cutting. Its fragrant pointy leaves remain green in color throughout the season.

Landscape Attributes

Blue Frost Salvia is an herbaceous perennial with an upright spreading habit of growth. Its medium texture blends into the garden, but can always be balanced by a couple of finer or coarser plants for an effective composition.

This plant will require occasional maintenance and upkeep, and should be cut back in late fall in preparation for winter. It is a good choice for attracting bees, butterflies and hummingbirds to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. It has no significant negative characteristics.

Blue Frost Salvia is recommended for the following landscape applications;

- Mass Planting
- Border Edging
- General Garden Use
- Container Planting

Planting & Growing

Blue Frost Salvia will grow to be about 12 inches tall at maturity extending to 24 inches tall with the flowers, with a spread of 12 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 10 inches apart. It grows at a fast rate, and under ideal conditions can be expected to live for approximately 5 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in full sun to partial shade. It is very adaptable to both dry and moist growing conditions, but will not tolerate any standing water. It is considered to be drought-tolerant, and thus makes an ideal choice for a low-water garden or xeriscape application. It is not particular as to soil type or pH, and is able to handle environmental salt. It is somewhat tolerant of urban pollution. This is a selection of a native North American species. It can be propagated by cuttings; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Blue Frost Salvia is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. With its upright habit of growth, it is best suited for use as a 'thriller' in the 'spiller-thriller-filler' container combination; plant it near the center of the pot, surrounded by smaller plants and those that spill over the edges. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.