Blue Lagoon Catmint

Nepeta 'Blue Lagoon'



Blue Lagoon Catmint flowers
Photo courtesy of NetPS Plant Finder

Plant Height: 4 inches

Flower Height: 7 inches

Spread: 30 inches

Sunlight: ○ ◐

Hardiness Zone: 5

Description:

This groundcover variety produces a spreading mat of aromatic gray-green foliage, above which masses of blue flower spikes rise; long blooming from late spring through summer; great for groundcover, edging, and rock gardens

Ornamental Features

Blue Lagoon Catmint has masses of beautiful spikes of lightly-scented blue flowers with violet overtones and rose calyces rising above the foliage from late spring to early fall, which are most effective when planted in groupings. Its small fragrant pointy leaves remain grayish green in color throughout the season.

Landscape Attributes

Blue Lagoon Catmint is a dense herbaceous perennial with a ground-hugging habit of growth. Its relatively fine texture sets it apart from other garden plants with less refined foliage.

This plant will require occasional maintenance and upkeep, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting butterflies to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. Gardeners should be aware of the following characteristic(s) that may warrant special consideration;

- Self-Seeding

Blue Lagoon Catmint is recommended for the following landscape applications;

- Border Edging
- General Garden Use
- Groundcover
- Container Planting

Planting & Growing

Blue Lagoon Catmint will grow to be only 4 inches tall at maturity extending to 7 inches tall with the flowers, with a spread of 30 inches. Its foliage tends to remain low and dense right to the ground. It grows at a fast rate, and under ideal conditions can be expected to live for approximately 10 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in full sun to partial shade. It is very adaptable to both dry and moist locations, and should do just fine under typical garden conditions. It may require supplemental watering during periods of drought or extended heat. It is not particular as to soil type or pH. It is highly tolerant of urban pollution and will even thrive in inner city environments. This particular variety is an interspecific hybrid. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Blue Lagoon Catmint is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. Because of its spreading habit of growth, it is ideally suited for use as a 'spiller' in the 'spiller-thriller-filler' container combination; plant it near the edges where it can spill gracefully over the pot. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.