



## Bonner Advent Cabbage

*Brassica oleracea* var. *sabauda* 'Bonner Advent'

Height: 16 inches

Spread: 24 inches

Spacing: 18 inches

Sunlight: ☐

Hardiness Zone: (annual)

### Description:

A very late winter variety harvested in the spring; produces big and beautiful heads of dark green crinkled leaves; mild, tender and crisp, perfect for stir fry, coleslaw, and cabbage rolls; best grown in areas with mild winters

### Edible Qualities

Bonner Advent Cabbage is an annual vegetable plant that is commonly grown for its edible qualities. The large round dark green tightly-wrapped heads of foliage are usually harvested from early spring to early summer. The heads have a mild taste and a crisp texture.

The heads are most often used in the following ways:

- Fresh Eating
- Eating When Cooked/Prepared
- Cooking

### Planting & Growing

Bonner Advent Cabbage will grow to be about 16 inches tall at maturity, with a spread of 24 inches. When planted in rows, individual plants should be spaced approximately 18 inches apart. This vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop.

This plant is typically grown in a designated vegetable garden. It should only be grown in full sunlight. It does best in average to evenly moist conditions, but will not tolerate standing water. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. This is a selected variety of a species not originally from North America.



*Bonner Advent Cabbage fruit*  
 Photo courtesy of NetPS Plant Finder

Bonner Advent Cabbage is a good choice for the vegetable garden, but it is also well-suited for use in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing the canvas against which the thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.