

**Flower Power Meadow Phlox***Phlox maculata 'Flower Power'*

Height: 3 feet

Spread: 30 inches

Spacing: 24 inches

Sunlight: ☐ ☒

Hardiness Zone: 4a

Other Names: Spotted Phlox

**Description:**

Lovely cones of delicately scented, long blooming white flowers on strong, upright stems, over glossy green foliage that is disease resistant; blooms take on a touch of pink in cooler weather; perfect for mixed borders and containers

**Ornamental Features**

Flower Power Meadow Phlox features bold fragrant conical white star-shaped flowers with shell pink overtones and gold eyes at the ends of the stems from early to late summer. Its glossy grassy leaves remain dark green in color throughout the season.

**Landscape Attributes**

Flower Power Meadow Phlox is an herbaceous perennial with an upright spreading habit of growth. Its relatively fine texture sets it apart from other garden plants with less refined foliage.

This is a relatively low maintenance plant, and should be cut back in late fall in preparation for winter. It is a good choice for attracting butterflies and hummingbirds to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. It has no significant negative characteristics.

Flower Power Meadow Phlox is recommended for the following landscape applications;



*Flower Power Meadow Phlox flowers*  
Photo courtesy of NetPS Plant Finder



*Flower Power Meadow Phlox in bloom*  
Photo courtesy of NetPS Plant Finder

- Mass Planting
- General Garden Use
- Container Planting

**Planting & Growing**

Flower Power Meadow Phlox will grow to be about 30 inches tall at maturity, with a spread of 30 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 24 inches apart. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 10 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in full sun to partial shade. It does best in average to evenly moist conditions, but will not tolerate standing water. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. This is a selection of a native North American species. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Flower Power Meadow Phlox is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. With its upright habit of growth, it is best suited for use as a 'thriller' in the 'spiller-thriller-filler' container combination; plant it near the center of the pot, surrounded by smaller plants and those that spill over the edges. It is even sizeable enough that it can be grown alone in a suitable container. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.